

Jesus said....“Follow Me”

Live Out Your Faith at FLPC

ONE-TIME & SHORT-TERM OPPORTUNITIES ...

Help the homeless – There are multiple ways to help with Family Promise. We host families for one week, three times a year. So volunteer once or ongoing. Help is needed with meals, laundry, setting up furniture, driving, or volunteer to spend a night at church as a host or just a few hours on a Saturday. Other ways to help: donate supplies, movie passes or other entertainment passes or make a monetary donation to the church noting for Family Promise.

⇒ Contact Jackie Cominotti or Jodi Beckham

Contribute your creative ideas or organizational skills to build community—Assist in planning upcoming church social activities such as a church retreat or other church events for all ages. For example: adult softball team, youth basketball league, ice cream and bingo social, etc.

⇒ Contact Caroline Streater or Stephen McCrae

Support children in need—Shop for food, and/or pack food bags for Backpack Buddies, our nutritional supplement program designed to serve students eligible for free or reduced nutrition at Forest Lake Elementary.

⇒ Contact Joan Dickinson

Donate to the school supply drive benefitting Conder Elementary by contributing to the collection during summer.

⇒ Contact Tom Leclair

Feed those less fortunate—Come help us bag 20,000 pounds of potatoes which will be donated to local food banks for our Potato Drop, November 10, in conjunction with the Society of Saint Andrews.

⇒ Contact Jackie Cominotti

Improve your health while enjoying fellowship— Yoga classes are taught 2 times a week in the church parlor: Tuesdays & Thursdays at 9am.

⇒ Contact Sally McKenzie or Anne Miller

Support and encourage FLPC children & youth - Volunteer to assist with a one-time or short term event that allows you to get to know FLPC children and youth, and supports building disciples right here. For example: chaperone a Children’s Ministry Fun Daze Event , waterpark trip, or PJ party, be a leader for Created by God Sexuality Weekend, Confirmation Mentor, Vacation Bible School Team Member, drive the church bus for a retreat, volunteer a vacation house for a youth retreat, recycle ink cartridges to provide camp scholarships, etc.

⇒ Contact Andrea Paschal, Bill Wannamaker or Carter Grant

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: ***Look For Other Opportunities to Connect*** – Read the bi-monthly FLPC newsletter :
: and weekly E-news for new opportunities for service and involvement. There always :
: seems to be something new happening at FLPC! Sign up for the newsletter at the :
: bottom of the home page on FLPC.org. :
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RECURRING OPPORTUNITIES...

Share your needlework talents – Join the Prayer Shawl Ministry and knit or crochet prayer shawls to be given to those who are ill, facing surgery, or in need of reassurance.

⇒ Contact Beth Rozek

Join the “Needles and Threads” group on Kirk nights if you have sewing, knitting or crocheting you want to work on. Great chance to finish your “UFOs” - unfinished objects!

⇒ Contact Jane Van Wyke

Support and enhance worship - Participate in music ministry, arrange flowers, bake communion bread, or setup/clean up for communion and seasonal decorations (Advent and Lent).

⇒ Contact Stuart Hunter

Share your time - Answer the phone at the front desk in the downstairs lobby and offer light office assistance on weekday mornings.

Set up/clean up coffee for Sunday mornings.

Organize materials in the pews after Sunday Worship.

Be part of the team to decorate for special events.

⇒ Contact Adele Wyatt

Be a part of making FLPC more welcoming – Sign up for an occasional or monthly shift to serve as:

A Greeter – Either for the 9:00 or 11:00 service. Be present 20 minutes before worship service to make sure members and Sunday guests are welcomed and guided. Be someone’s introduction to Christ and our congregation!

An Usher – Either for the 9:00 service or the 11:00 service. You may choose to be part of a monthly team or serve as a substitute when needed. Ushers are essential evangelists!

Staff the Connecting Point Desk – Provide a friendly face to help members and guests get answers to their questions (information and overview is provided so volunteers know how to answer questions). Volunteer for the 9:00 or 11:00 service, before and after the worship service.

⇒ Contact Stuart Hunter or Ellen Skidmore

Feed the less fortunate—Donate jam and jelly the 1st Sunday of the month to Rehoboth Food Pantry. Collection is located in the Connecting Point.

“YOU DECIDE” OPPORTUNITIES ... *have it your way! These opportunities are available for one-time or on a continued commitment basis. Try it once, and chances are you will want to continue.*

Engage in hospitality - Serve our church by helping with the meal set up/clean up on Kirk Night, Wednesday evenings during the school year.

⇒ Contact Kathleen Wood

Share your teaching talents - Facilitate a Bible study or Sunday school class, assist in Kirk night planning, and bring your ideas to general educational planning for FLPC.

⇒ Contact Barbara Holbrook and Andrea Paschal

Become a steward of the environment - Assist in the environmental practices of this church such as recycling, educating, planting environmentally friendly gardens, and networking with other congregations.

⇒ Contact Judy Timmons or Lee Phippen

Use your handyman (or woman) talents - Assist members of our congregation with everyday needs such as minor maintenance or yard work.

⇒ Contact Murphy Peele

Glorify God with your flower arranging talents - Join the flower committee to arrange flowers for the sanctuary for worship services.

⇒ Contact Ruth Roddey

Garden for the hungry - Do you have a green thumb? Even if you don't, you can help in planting, tending, watering and harvesting our Kids Garden and Habitat Garden.

⇒ Contact Margaret Harris or Drew Radeker

Volunteer in our Church Nursery - Help care for the smallest of our flock during Sunday worship times. Must be 18 years or older and in compliance with our Child Protection Policy.

⇒ Contact Andrea Paschal

ONGOING OPPORTUNITIES ...

Seek Justice - Seeking justice is difficult! Join FLPC as we participate in asking for justice in our community through MORE Justice of the Midlands.

⇒ Contact Xan Skinner or Drew Radeker

Provide pastoral care - Train to be a Stephen Minister and provide pastoral care in one-on-one caring relationships with other congregants. Or, visit with older FLPC members who love to have visitors.

⇒ Contact Margaret and Wayne Harris, Bettianne Davenport—Stephen Ministry Leaders

⇒ Contact Stewart Grinton or Beth Rozek—Board of Deacons

Mentor children – Spend time with a student at Forest Lake Elementary by reading with them once a week for an hour and encouraging them in their school work.

⇒ Contact Lydia Clary

Volunteer to be part of the team to teach Preschool or Children's Sunday School.

⇒ Contact Andrea Paschal

Inspire teenagers – Join other members to teach middle and high school Sunday school. Teachers are provided with curriculum and work on a rotation so are not required to be present every Sunday.

⇒ Contact Andrea Paschal

Create fun with our youth – Join the FLY (Forest Lake Youth) adult leaders to serve as youth group advisors for Sunday night and mid-week events. Play games, enjoy a meal and have the chance to influence the life of our teens.

⇒ Contact Carter Grant or Bill Wannamaker

Help FLPC get out in the world - Volunteer to be a bus driver for church events.

⇒ Contact Murphy Peele

Fellowship with other women for Bible study and support - Join a Circle of the Presbyterian Women for the Bible study, service and fellowship. Meetings are held once a month during the academic year.

⇒ Contact Sandy Helfer

Join the Ladies' Small Group for prayer and fellowship, Wednesdays at 10:00am.

⇒ Contact Nancy Livingston

Attend the FLPC Ladies' Breakfast at Lizard's Thicket on the third Friday of the month at 9:00am

⇒ Contact Margaret Shackelford

Fellowship with other men for Bible study and breakfast - Join a group of FLPC men on Tuesday mornings during the academic year for Bible study and a delicious breakfast.

⇒ Contact Henry Gibson or Corky Clark

Share your musical talents – Join one of the FLPC choirs – chancel choir, handbell choir, children's choir or volunteer to play the piano at Kirk Night.

⇒ Contact Beth Mears

This list of opportunities for mission and service are intended to help you grow in your ability to

Live Out Your Faith!

Keep this list! Contact numbers are listed on the back!

Choose one new opportunity that will help you live out your Christian faith!

If you want help finding your way, or have suggestions, please call the Church Office.

To God be the Glory! Let the service begin!